

# 1decision PSHE Knowledge Organiser

## Module: Keeping/Staying Safe

### Topic: Peer Pressure and Adults' & Children's Views



Year 5

### Key Facts

- It is important to recognise who to trust and who not to trust and to be able to judge when a friendship is making you feel unhappy or uncomfortable
- The characteristics of friendships include: mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties

### By the end of this topic, I should:

- identify strategies we can use to keep ourselves and others safe
- recognise ways to manage peer pressure
- explain the potential outcomes that may happen when we take risks
- recognise the impact and possible consequences of an accident or incident

### Ask me a question!

- What is peer pressure?
- How could you help someone who is feeling pressured to do something?
- Who could you talk to if you felt pressured to do something?

### I will learn the following new words/phrases:

Peer Pressure	When a friend or someone you know influences you to do something you do not feel comfortable with.
Encourage	To give hope, confidence, or support to someone.
Risk	The possibility that something unpleasant or dangerous will happen.
Risk assessment	A systematic process of evaluating the potential risks that may be involved in a projected activity or undertaking.
Support network	The people in your life that help you achieve your personal and professional goals.

#### Managing Peer Pressure

Imagine your friends are trying to encourage you to do something you really don't feel comfortable with. What can you say or do to say 'no'?

If you are out playing, give a reason to go home

Can you think of any more ideas?

#### My Risk Assessment

Read the scenarios below and answer the questions. Check the level of risk by colouring in the traffic light.

Scenario	Is there a risk?	What is the risk?	Who could get hurt?	What actions could they take to make sure there is a positive outcome?
1 Jack and Joe want to climb the street lamp. They are sitting on the ground but they are climbing on the outside. It is a bit windy. They are holding on to the ground.		Red = High risk Amber = Low risk Green = No risk		
2 Cerys has forgotten her homework. She has to go to school and she knows it is a bit late. She is sitting on the ground and she is holding on to the ground.		Red = High risk Amber = Low risk Green = No risk		
3 Oliver wants to have a competition with his friends. He is sitting on the ground and he is holding on to the ground.		Red = High risk Amber = Low risk Green = No risk		