

Year 6 PSHE, RSE and British Values



PSHE and RSE: Family and Relationships British Values: Democracy Rule of Law

Autumn 1	Week 1: 5 th Sept	Transition, School Values and Expectations
	Week 2: 11 th Sept	British Values: Democracy – Times of Need (Young Citizens)
	Week 3: 18 th Sept	Assessment: Family and Relationships Lesson 1: Respect
	Week 4: 25 th Sept	Lesson 2: Respectful relationships
	Week 5: 2 nd Oct	Lesson 3: Stereotypes: Attitudes Lesson 4: Challenging stereotypes
	Week 6: 9 th Oct	Lesson 5: Resolving conflict
	Week 7: 16 th Oct	Lesson 6: Change and loss Assessment: Family and Relationships
	Week 8: 23 rd Oct	British Values: Rule of Law – Magna Carta (Young Citizens)

PSHE and RSE: Health and Wellbeing

Autumn 2	Week 1: 6 th Nov	Assessment: Health and Wellbeing Lesson 1: What can I be?
	Week 2: 13 th Nov	Lesson 2: Relaxation: Mindfulness
	Week 3: 20 th Nov	Lesson 3: Taking responsibility for my health
	Week 4: 27 th Nov	Lesson 4: The impact of technology on health
	Week 5: 4 th Dec	Lesson 5: Resilience toolbox
	Week 6: 11 th Dec	Lesson 6: Immunisation
	Week 7: 18 th Dec	Lesson 7: Good and bad habits

PSHE and RSE: Health and Wellbeing Safety and the Changing Body British Values: Individual Liberty

Spring 1	Week 1: 8 th Jan	Lesson 8: physical health concerns Assessment: Health and Wellbeing
	Week 2: 15 th Jan	British Values: Individual Liberty – Discrimination (Young Citizens)
	Week 3: 22 nd Jan	Assessment: Safety and the changing body Lesson 1: Alcohol
	Week 4: 29 th Jan	Lesson 2: Critical digital consumers
	Week 5: 5 th Feb	Lesson 3: Social media

PSHE and RSE: Safety and the Changing Body

Spring 2	Week 1: 19 th Feb	Lesson 4: Physical and emotional changes of puberty
	Week 2: 26 th Feb	Lesson 5: Conception (right to withdraw)
	Week 3: 4 th Mar	Lesson 6: Pregnancy and birth (right to withdraw)
	Week 4: 11 th Mar	Lesson 7: First Aid: choking
	Week 5: 18 th Mar	Lesson 8: First Aid: Basic life support Assessment: Safety and the changing body

PSHE and RSE: Citizenship

British Values: Tolerance of those with different faiths and beliefs

Summer 1	Week 1: 8 th Apr	British Values: Tolerance of those with different faiths and beliefs – Dilemmas (Young Citizens)
	Week 2: 15 th Apr	Assessment: Citizenship Lesson 1: Human rights
	Week 3: 22 nd Apr	Lesson 2: Food choices and the environment
	Week 4: 29 th Apr	Lesson 3: Caring for others
	Week 5: 6 th May	Lesson 4: Prejudice and discrimination
	Week 6: 13 th May	Lesson 5: Valuing diversity
	Week 7: 20 th May	Lesson 6: National democracy Assessment: Citizenship

PSHE and RSE: Economic Wellbeing Identity

Summer 2	Week 1: 3 rd June	Assessment: Economic Wellbeing Lesson 1: Attitudes to money
	Week 2: 10 th June	Lesson 2: Keeping money safe
	Week 3: 17 th June	Lesson 3: Gambling
	Week 4: 24 th June	Lesson 4: What jobs are available
	Week 5: 1 st July	Lesson 5: Career routes Assessment: Economic Wellbeing
	Week 6: 8 th July	Lesson 1: What is identity?
	Week 7: 15 th July	Lesson 2: Identity and body image