



temptation

noun

the desire to do something, especially something wrong or unwise.



The temptation of Adam and Eve in the Garden of Eden

Matthew 4:11 – Jesus is tempted by the devil

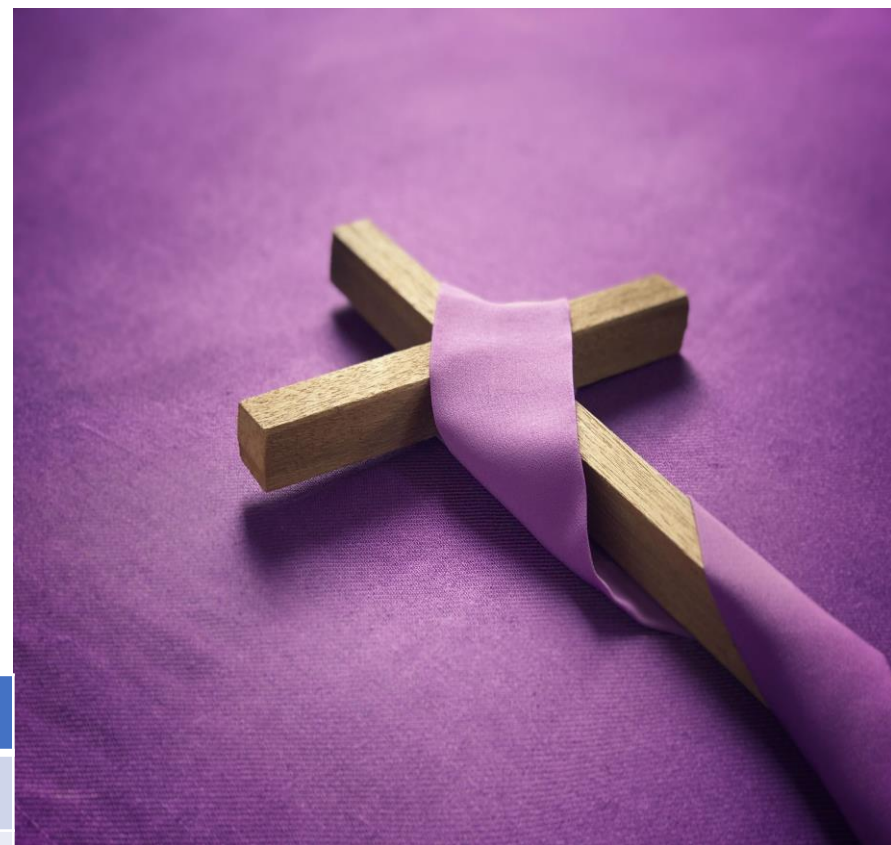
“Then Jesus was led by the Spirit into the wilderness to be tempted^[a] by the devil. ² After fasting forty days and forty nights, he was hungry. ³ The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.”





Lent: Lent is a time in the Christian calendar which starts 40 days before Easter. It is an observance of the time that Jesus spent fasting in the desert. While fasting in the desert, Jesus was tempted by the devil to break his fast and end his hunger.

Lots of Christians give something up over the 40 days of Lent, to reflect the sacrifice Jesus made in going so long without food, and to understand how important it is to resist temptation.



Vocab	Definition
Lent	The 40-day run-up to Easter
Adam and Eve	The first man and woman according to the book of Genesis
The Fall of Man	The event during which Adam and Eve ate from the forbidden tree of knowledge and created original sin
The Garden of Eden	The paradise where Adam and Eve lived before the fall
Shrove Tuesday	A day in the Christian calendar just before Lent starts, where people eat pancakes to enjoy one last luxurious meal

Have you ever been tempted to do something you shouldn't have done? Why is it important to resist temptation and have discipline? What does Jesus teach Christians about the importance of not giving in to temptation?