



PSHE, RSE and British Values

| | Autumn 1 | Autumn 2 | | Spring 1 | | Spring 2 | Summer 1 | | Summer 2 | |
|------------------|------------------------------|-----------------------------------------------|----------------------|-------------------------------------|------------------------------|-------------------------------------------------------|------------------------------------------------------|----------------|-----------------------------|--------------------|
| Reception | Self-regulation: My feelings | Building relationships: Special relationships | | Managing self: Taking on challenges | | Self-regulation: Listening and following instructions | Building relationships: My family and friends | | Managing self: My wellbeing | |
| Year 1 | Family and relationships | Health and wellbeing | | Health and Wellbeing | Safety and the changing body | Safety and the changing body | Safety and the changing body | Citizenship | Citizenship | Economic wellbeing |
| | Democracy | Rule of Law | | Individual Liberty | | | Tolerance of those with different faiths and beliefs | Mutual respect | | |
| Year 2 | Family and relationships | Health and wellbeing | | Health and Wellbeing | Safety and the changing body | Safety and the changing body | Safety and the changing body | Citizenship | Citizenship | Economic wellbeing |
| | Democracy | Rule of Law | | Individual Liberty | | | Tolerance of those with different faiths and beliefs | Mutual respect | | |
| Year 3 | Family and relationships | Family and relationships | Health and wellbeing | Health and Wellbeing | Safety and the changing body | Safety and the changing body | Safety and the changing body | Citizenship | Citizenship | Economic wellbeing |
| | Democracy | Rule of Law | | Individual Liberty | | | Tolerance of those with different faiths and beliefs | Mutual respect | | |
| Year 4 | Family and relationships | Health and wellbeing | | Health and wellbeing | Safety and the changing body | Safety and the changing body | Citizenship | | Economic wellbeing | |
| | Democracy | Rule of Law | | Individual Liberty | | | Tolerance of those with different faiths and beliefs | Mutual respect | | |

| | Autumn 1 | Autumn 2 | Spring 1 | | Spring 2 | Summer 1 | Summer 2 | |
|--------|--------------------------|----------------------|----------------------|------------------------------|------------------------------|------------------------------------------------------|--------------------|----------|
| Year 5 | Family and relationships | Health and wellbeing | Health and wellbeing | Safety and the changing body | Safety and the changing body | Citizenship | Economic wellbeing | |
| | Democracy | Rule of Law | Individual Liberty | | | Tolerance of those with different faiths and beliefs | Mutual respect | |
| Year 6 | Family and relationships | Health and wellbeing | Health and wellbeing | Safety and the changing body | Safety and the changing body | Citizenship | Economic wellbeing | Identity |
| | Democracy | | Rule of Law | Individual Liberty | | Tolerance of those with different faiths and beliefs | | |