

## PSHE, RSE and British Values

	Autumn 1	Autumn 2		Spring 1		Spring 2	Summer 1		Summer 2		
Reception	Self-regulation: My feelings	Building relationships: Special relationships		Managing self: Taking on challenges		Self-regulation: Listening and following instructions	Building relationships: My family and friends		Managing self: My wellbeing		
Year 1	Family and relationships	Health and wellbeing		Health and Wellbeing	Safety and the changing body	Safety and the changing body	Safety and the changing body	Citizenship	Citizenship	Economic wellbeing	
	Democracy	Rule of Law		Individual Liberty		-	Tolerance of those with different faiths and beliefs		Mutual respect		
Year 2	Family and relationships	Health and wellbeing		Health and Wellbeing	Safety and the changing body	Safety and the changing body	Safety and the changing body	Citizenship	Citizenship	Economic wellbeing	
	Democracy	Rule of Law		Individual Liberty		-	Tolerance of those with different faiths and beliefs		Mutual respect		
Year 3	Family and relationships	Family and relationships	Health and wellbeing	Health and Wellbeing	Safety and the changing body	Safety and the changing body	Safety and the changing body	Citizenship	Citizenship	Economic wellbeing	
	Democracy	Rule of Law		Individual Liberty		-	Tolerance of those with different faiths and beliefs		Mutual respect		
Year 4	Family and relationships	Health and wellbeing		Health and wellbeing	Safety and the changing body	Safety and the changing body	Citizenship E		Economic	Economic wellbeing	
	Democracy	Rule of Law		Individual Liberty			Tolerance of those with different faiths and beliefs		Mutual respect		

	Autumn	1	Autumn 2	Spring 1		Spring 2	Summer 1	Summer 2	
Year 5	Family an	ıd	Health and wellbeing	Health Safety and		Safety and the	Citizenship	Economic wellbeing	
	relationshi	.ps		and	the	changing body			
				wellbeing	changing				
					body				
	Democracy		Rule of Law	Individual Liberty			Tolerance of those with	Mutual respect	
							different faiths and beliefs		
Year 6	6 Family and relationships		Health and wellbeing	Health	Safety and	Safety and the	Citizenship	Economic	Identity
				and	the	changing body		wellbeing	
				wellbeing	changing				
					body				
	Democracy	Rule		Individual Liberty			Tolerance of those with		
		of					different faiths and beliefs		
		Law							