

Year 2 PSHE, RSE and British Values

PSHE and RSE: Family and Relationships British Values: Democracy

Autumn 1	Week 1: 5 th Sept	Transition, School Values and Expectations
	Week 2: 11 th Sept	British Values: Democracy – Taking Responsibility (Young Citizens)
	Week 3: 18 th Sept	Assessment: Family and Relationships Lesson 1: Families offer stability and love
	Week 4: 25 th Sept	Lesson 2: Families are all different
	Week 5: 2 nd Oct	Lesson 3: Other peoples' feelings Lesson 4: Unhappy friendships
	Week 6: 9 th Oct	Lesson 5: Introduction to manners and courtesy
	Week 7: 16 th Oct	Lesson 6: Change and loss
	Week 8: 23 rd Oct	Lesson 7: Gender stereotypes: Careers and jobs Assessment: Family and Relationships

PSHE and RSE: Health and Wellbeing British Values: Rule of Law

Autumn 2	Week 1: 6 th Nov	British Values: Rule of Law – What is the Law? (Young Citizens)
	Week 2: 13 th Nov	Assessment: Health and Wellbeing Lesson 1: Experiencing different emotions
	Week 3: 20 th Nov	Lesson 2: Being active
	Week 4: 27 th Nov	Lesson 3: Relaxation: breathing exercises
	Week 5: 4 th Dec	Lesson 4: Steps to success
	Week 6: 11 th Dec	Lesson 5: Developing a growth mindset
	Week 7: 18 th Dec	Lesson 6: Healthy diet

PSHE and RSE: Health and Wellbeing Safety and the Changing Body British Values: Individual Liberty

Spring 1	Week 1: 8 th Jan	Lesson 7: Looking after our body Assessment: Health and Wellbeing
	Week 2: 15 th Jan	British Values: Individual Liberty – Where do you stand? (Young Citizens)
	Week 3: 22 nd Jan	Assessment: Safety and the changing body Lesson 1: Introduction to the Internet
	Week 4: 29 th Jan	Lesson 2: Communicating online
	Week 5: 5 th Feb	Lesson 3: Secrets and surprises

PSHE and RSE: Safety and the Changing Body

Spring 2	Week 1: 19 th Feb	Lesson 4: Appropriate contact: My private parts
	Week 2: 26 th Feb	Lesson 5: Appropriate contact: My private parts are private
	Week 3: 4 th Mar	Lesson 6: Respecting personal boundaries
	Week 4: 11 th Mar	Lesson 7: Road safety
	Week 5: 18 th Mar	Lesson 8: Crossing roads safely

PSHE and RSE: Safety and the Changing Body

Citizenship

British Values: Tolerance of those with different faiths and beliefs

Summer 1	Week 1: 8 th Apr	Lesson 9: Staying safe with medicine Assessment: Safety and the changing body
	Week 2: 15 th Apr	British Values: Tolerance of those with different faiths and beliefs – I am unique (Young Citizens)
	Week 3: 22 nd Apr	Assessment: Citizenship Lesson 1: Rules beyond school
	Week 4: 29 th Apr	Lesson 2: Our school environment
	Week 5: 6 th May	Lesson 3: Our local environment
	Week 6: 13 th May	Lesson 4: Jobs in our local community
	Week 7: 20 th May	Lesson 5: Similar, yet different – my local community

PSHE and RSE: Citizenship

Economic Wellbeing

British Values: Mutual Respect

Summer 2	Week 1: 3 rd June	Lesson 6: School Council
	Week 2: 10 th June	Lesson 7: Giving my opinion Assessment: Citizenship
	Week 3: 17 th June	British Values: Mutual Respect – Caring for our communities (Young Citizens)
	Week 4: 24 th June	Assessment: Economic Wellbeing Lesson 1: Where money comes from
	Week 5: 1 st July	Lesson 2: Needs and wants Lesson 3: Wants and needs
	Week 6: 8 th July	Lesson 4: Looking after money
	Week 7: 15 th July	5: Jobs Assessment: Economic Wellbeing