



PE

VOCABULARY

Subject Lead: S Lochhead

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Athletics	Run, jump, throw, move, agility, balance, coordination, speed, balls, target, distance, Olympics, athletes, javelin, discus, shot-put, sprinting, long-distance running, high jump, long jump, warm-up, cool-down.	Balance, control, coordination, hurdle/hurdling, jump/jumping, land/landing, obstacle, overarm, power, race, sack, sprint, take-off, target, throw/throwing travel/travelling, underarm Running, walking, jogging, skipping, hop, speed, relay, competition, athletics	Circuit, combine, evaluate, grip, leap, step up, training, travel, target, distance, bounce, stop watch, rebound, balance, shuttle, accuracy, courage, determination, direction, excellence, equality, height, inspiration, Olympics, jump, pathway, respect, run, speed, throw, underarm throw, values	Running, throwing, jumping, pull throw, javelin, stamina, sprint, track event, field event, push throw, shot put, overarm throw, long jump, triple jump, Olympics, relay, speed, long distance, hurdles, high jump, underarm throw, fling throw, discus, balance, circuit training, control, coordination, direction, level, lunge, sidestep, travel	Track event, field event, running, throwing, jumping, sprint, javelin, pull throw, relay, baton, triple jump, hop, leap, safe landing, Olympics, pentathlon, power, speed, strength	Discipline, track event, field event, shot put, discus, running, throwing, jumping, spring, endurance, speed, javelin, hammer, long jump, triple jump, high jump, pole vault, strength, agility, coordination, muscle groups, prepare, recover, respect, encouragement	Benefit, body, circuit, core, energy, exercise, fitness, health, improve, intensity, maintain, mental health, muscle, personal best, physical health, pulse, strength, safe, training, well being, obstacle, relay, 80m, 150m, 300m, 400m, long jump, high jump, throw, track event, field event
Dance	Dance, movement, motif, freeze, pose, music, evaluate, improve, order, sequence, perform, audience. <u>Cross Curricular Vocabulary</u> Dinosaur, stomp, stamp, march, stride, tramp, clump, plod, trudge, clomp, bang, thump, wallop, biff, bash, swish, rustle, swoosh, swing, crash, big, tall, scary, fierce, terrifying.	Movement, speed, style, copy, repetition, motif, sequence, unison, canon, mirroring, improvise, level, transition, timing, dance, music, idea, action, travel, stimulus Pathway, match, explode <u>Cross Curricular Vocabulary</u> Constellation, sparkler, catering wheel, astronaut, fountain, rocket, firecracker, diagonal, streamer,	Canon, fluency, mob, motif, phrase, react, single file, structure, unison, synchronise, about turn, tempo, march, dynamic, pulse, accelerando, rallentando, salute, formation, duet, levels, speed, travel <u>Cross Curricular Vocabulary</u> Mould, morph, rebound, elastic, play dough	Motif, improvisation, stimuli, unison, montage, combine, levels, speed, imaginative, jump, turn, create, cannon, travel, dynamics, repetition, co-operation, emotion, communicate, evaluate, expression, fast, idea, improve, improvise, inspiration, link, message, movement phrase, performance, rehearse, represent, sequence, slow, speed, story	Motif, unison, canon, dynamics, rhythm, improvise, sequence, spatial awareness, choreograph, fluency, transition, step, pace, routine, stimulus, mirroring, style, travel repetition, level, improvisation, movement phrase, call and response, isolation, tempo, expression, retrograde, trigger, solo	Haka, evaluate, rugby, unison, canon, perform, dynamics, repetition, solo, steps <u>Cross Curricular Vocabulary</u> Heritage, Black Ferns, All Blacks, Maori, Ka Mate, Kapa O Pango, Warriar, New Zealand Pre- War, Charleston, great war, roaring twenties, entertainment, jazz, one-step, foxtrot, tango, flapper girls,	Motif, improvisation, stimuli, dance phrase, levels, tempo, dynamics, repetition, create, cooperation, combine, isolation, leap, precision, control, fluency, asses, evaluate <u>Cross Curricular Vocabulary</u> Electrical current, symbol, bolt, spark, current, electrical waves, flow, circuit, strike of lightning, device, extinguished,

		<p>asteroid, gravity, weightless, dawn</p> <p>Spring, summer, autumn, winter, season, ice Skating, raindrop, seaside, wave, breaks, shore, shadow, harvest, crop, barn dance, wheat, combine harvester, scarecrow</p>	<p>Act, angry, barrel, bonfire, Guy Fawkes, Houses of Parliament, spies, plot, treason, convert</p> <p>Seed, bulb, spade, garden fork, rake, leaf, stem, roots, warmth, nutrients, seed pod, bur, beanstalk, determined,</p>	<p><u>Cross Curricular Vocabulary</u></p> <p>Volcanic, eruption, lava, earthquake, tsunami, landslide, tornado, engulf, debris, natural disaster, devastation, twister</p> <p>Layer, emergent layer, canopy, understory, shrub layer, forest floor, tropical, creature, deforestation, habitat, consequence</p>	<p><u>Cross Curricular Vocabulary</u></p> <p>Composer, identify, gentle, prowl, behaviour, aquarium</p> <p>Roman, invasion, Roman empire, Italy, culture, gladiators, Emperor, Roman Centurion, Roman Archer, The Tortoise Shield Wall, Colosseum, amphitheatre, Pompeii, volcano, erupt, escape, feast, festival, Saturnalia, God Goddess, fact, fiction, Roman Revue</p> <p>Water cycle, precipitation, condensation, groundwater, evaporation, wispy, stormy, fluffy</p>	<p>Lambeth walk, lindy hop, swing era, big band, jitterbug, jive, tea dance,</p>	
Games	<p>Ball, round, big, small, spiky, smooth, travel, move, bounce, kick, target, control throw, equipment, racket, bat, game, win, points, same, different, stick, racket, team, high,</p>	<p>Ball, beanbag, quiots, throw, catch, roll, bounce, overarm, underarm, underarm sling, target, hoop, skittles, locomotors, direction, speed, warm up, cool down, track, receive</p>	<p>Attack/attacker, catching, defend/defender, dodge/dodging, dribble/dribbling, intercept, invasion game, marking, overhead pass, possession, receive,</p>	<p>Accuracy, aim, attack, backhand, ball, court, defend, doubles, footwork, forehand, grip, hand eye coordination, net, opponent, positioning, racket, rally, ready position, shuttlecock,</p>	<p>Push, hit, pass, receive, control tackle, intercept, one on one, position, umpire, grip, footwork, possession, team, opponent, foul, straight dribble, attacker, defender, Indian dribble, racket,</p>	<p>Control, accuracy, fair, possession, pass, court, dribble, shoot, plan, communicate, lead, space, tactic, skill, attack, defend, forehand, backhand, field, attack, defend, ace, baseline, cross</p>	<p>Tactics, two touch pass, attack, defend, block tackle, bounce pass, chest pass, Cruyff turn, shadowing, step over, stop turn, straight dribble, overhead pass, pivot, possession, push</p>

	drop, catch, harder, softer, further, direction, forwards, backwards, sideways.	Bat, batter, bowler, feedback, fielder, racket, runs, tactic, teamwork Bounce/bouncing, direction, invasion game, pass/passing, travel/travelling Attack, defend, goal, score, space, mark, dodge, skills, points, team, player, game, invade, aim	space, underarm throw, bat, batter, bowler, competitive, feedback, fielder, opponent, overarm throw, racket, roll, runs, tactics, teamwork, umpire, circuits, control, cricket stumps, evade, hoops, opposition, pass, pitch, position, pulse, release, skittle, track, underarm sling, accurate, aim, coordination, eye contact, goal, player, referee, skill	singles, putt, stride, chip, control, fair, possession, pass, field, dribble, shoot, plan, communicate, lead, space, tactic, skill, team, striking, fielding, catching, batting, long barrier technique, target, batter, rolling, bowler, warm up, cool down, ball control, dodging, fitness, intercept, marking, power, receiving, shooting, tackling technique	shuttlecock, forehand grip, backhand grip, strike, direction, distance, chasse step, rally, defensive stance, block shot, defensive shot, accuracy, fair, fielding, shoot, plan, communicate, tactic, skill, batsman, boundary, bowler, crease, cut shot, forward defensive, innings, outfield, over, pitch, pull shot, stance, stumps, trajectory, wicketkeeper	court, deuce, doubles, drop shot, fault, footwork, grip, groundstroke, set, rally, serve, hand eye coordination, umpire, volley, ready position	pass, dodge, drag back, dribble, intercept, marking, man to man marking, shooting, footwork, position, toss-up, centre pass, offside, shoulder pass, straight lead run, striking, fielding, teammate, accuracy, batting, batter, target, rolling, stopping, bowler, fielder, overarm bowl, overarm throw, long barrier technique, opposition, attacking the ball
Gymnastics	Tiptoes, waddling, walking, running, large steps, skipping, sideways, backwards, crawling, bouncing, sliding, hopping, rolling, shuffling, slithering, jumping, prowling. Over, under, through, on top, around, climb, balance, travel, move, sequence, order. jump, hop, step, leap, bounce, roll, egg roll, pencil roll, dish roll,	Curl, relax, shape, roll, travel, stretch, sequence, direction, speed, control, balance, climb, jump, still, movement, land, action, tense, body, idea, exercise, calm, relaxation, asana, pose, breathing, mindfulness, health, activity, physical, mental, stress, anxiety, salute, sun, salutations, core <u>Cross Curricular Vocabulary</u> Traditional character, tale, size,	Crouched forward roll, dish roll, egg roll, half turn jump, jumping jack, landing, log roll, sequence, straight jump, teddy bear roll, travel, tuck jump, curl, relax, shape, roll, stretch, direction, speed, control, balance, climb, still, movement, land, action, tense, body, idea <u>Cross Curricular Vocabulary</u>	Pike, tuck, straddle, stretch, extend, star, perform, jump, control, static, symmetry, balance, routine, apparatus, mount, dismount, rhythmic gymnastics, take-off, safe landing, front support, align, balance, base, body, century of gravity, climb, compose, expression, flight, fluency, hang, leap, level, precision, select, sequence, stretch, travel, vault	Align, balance, base, body, century of gravity, climb, compose, control, expression, flight, fluency, hang, leap, level, precision, select, sequence, stretch, travel, vault, cooperatively, counterbalance, dance step, display, flexibility, straddle, technique, movement, pike, travelling, routine, shapes, forward roll, symmetrical balance,	Align, balance, base, body, centre of gravity, climb, compose, control, expression, flight, fluency, hang, leap, level, precision, select, sequence, stretch, travel, vault, shape, point balance, cooperatively, apparatus, routine, movement, rhythm, dynamics, perform, flexibility, flight, strength, rhythmic gymnastics, part	Align, balance, base, body, centre of gravity, climb, compose, control, expression, flight, fluency, hang, leap, level, precision, select, sequence, stretch, travel, vault, shape, point balance, rhythm <u>Cross Curricular Vocabulary</u> Channel, journey, features, cascading, waterfall, rapids, gentle, meanders, branching deltas,

	<p>circle/teddy bear roll, one-point balance, two-point balance, three-point balance, join, strength, control, performance, equipment. <u>Cross Curricular Vocabulary</u> Jungle, animals, frogs, monkey, lion, snake.</p>	<p>tambourine, giant, materials, strong, mixture, enormous, Bunny, zoo, kangaroo, lemur, prey, hedgehog, snooze, nut, leaf, pinecone, branch</p>	<p>Anchor, shell, sea urchin, French angel fish, seaweed, seahorse, sailfish, frog fish, puffer fish, whale, Countryside, rolling hills, bale of hay, Harvest, skyscraper, landscape, cityscape,</p>		<p>linking action, point balance <u>Cross Curricular Vocabulary</u> Tomb, icon, culture, symbol, pyramids, Gods, hieroglyphics, sacred, creation story, appease, worship, ritual</p>	<p>weight partner balance, linking action</p>	<p>source, tributaries, confluence, middle course, lower course, floodplain, estuary, summit, peak, mountain range</p>
OAA	N/A	N/A	N/A	<p>Outdoors, adventure, orienteering, teamwork, communication, problem solving, trail, control, map, symbols, route, compass, obstacle, equipment, competition, organise, terrain, out-of-bounds, boundary, record</p>	<p>Outdoors, adventure, orienteering, teamwork, communication, problem solving, trail, control, map, symbols, route, compass, obstacle, equipment, competition, organise, terrain, out-of-bounds, boundary, record</p>	<p>Communicate, collaborate, orienteering, agility, pacing, compass, key, symbol, control point, teamwork, challenge, course, route, map, endurance running, navigate, orientating a map, problem solving</p>	<p>Evaluate, solution, systematically, problem solving, perseverance, challenge, teamwork, leadership, cooperation, strategy, adventure, competition, control point, course, physical activity, orienteering, verbal communication, non-verbal communication, navigation,</p>