



This term we are going to be learning about Sikhism. We will learn about objects that are special to Sikh people, important stories and about key people called Gurus. We will also learn about where Sikhs go to worship and what can be found in a Gurdwara.

### Key vocabulary

<b>Guru</b>	A spiritual teacher
<b>Gurdwara</b>	A place of worship for Sikhs
<b>Guru Granth Sahib</b>	The Sikh holy book
<b>Langar</b>	A free meal that is cooked in a large kitchen in a Gurdwara
<b>India</b>	The country where Sikhs originated
<b>Respect</b>	Accepting somebody for who they are, even when they are different from you or you don't agree with them

There were 10 Gurus who spread God's message and play an important role in the Sikh religion.



Guru Nanak is the founder of Sikhism.

Sikhs worship at a temple called a Gurdwara.



The Ik Onkar symbol means there is only one God.



The Khanda is the main symbol of Sikhism.

**Langar**

**Key belief:** Sikhs believe that it is important to help others.



Every man and woman who are Sikh, wear five symbols to show that they follow the Sikh religion.

**The Sikh 5 Ks**

**Kesh**  
(hair)

**The Sikh 5 Ks**

**Khanga**  
(a wooden comb)

**The Sikh 5 Ks**

**Kara**  
(a steel bangle)

**The Sikh 5 Ks**

**Kachera**  
(special underwear)

**The Sikh 5 Ks**

**Kirpan**  
(a ceremonial sword)

**Kesh** (pointing to the hair)

**Kesh** (pointing to the beard)

**Kara** (pointing to the bangle)

**Kachera** (pointing to the shorts)

**Kirpan** (pointing to the sword)