

We are children

Encouraging paying attention

Mime games are a great way to get children to focus. Simply act out an action such as eating or swimming and get your child to guess what you are doing. You can each take it in turns to act.

Remember no speaking!

Children under 5 are beginning to understand the world around them. They are curious and spend a lot of time developing a sense of themselves as individuals.

We can support children through this process with lots of simple activities.



Encouraging pretend play
Pretend play will help your child understand the power of language.

Symbolic play is a vital part of children's development. Encourage your child to use different materials to represent something else. For example, a piece of paper could be a blanket, a kitchen roll tube could be a wand or a big box could be a castle.

We are inquisitive

Encouraging understanding

Any time you play with your child and comment on what they are doing you are helping them to build their understanding.

Give your child different toys and ask them to carry out different actions. For example, make the monkey jump.

Memory
Having a good memory helps you to understand language.

Set up a pretend shop with real objects. Ask your child to get you different objects e.g. "can you get me an apple and a banana?" Gradually build up the amount of objects that you ask your child to collect.

We are always learning!